



Teacher resource

Title Emotions bingo

Emotions Bingo word list

(Call out emotions randomly chosen from the list below. These words are all contained within the 16 Emotions Bingo cards)

Afraid	Fraught	Quiet
Agitated	Frightened	Rejected
Amazed	Glad	Resigned
Anger	Grateful	Sad
Annoyed	Guilty	Scared
Apprehensive	Hopeless	Sorrowful
Astonished	Humiliated	Sorry
Bewildered	Isolated	Sympathetic
Bored	Jealous	Terrified
Calm	Jubilant	Thrilled
Cheerful	Lethargic	Uncomfortable
Complacent	Lonely	Unhappy
Concerned	Miserable	Upset
Delighted	Neglected	Wary
Devastated	Nervous	Weary
Disgusted	Optimistic	Worried
Elated	Peaceful	