

Use 'Unit Plans' from the PE Hub for planning, equipment and resources

	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Early Years	<ul style="list-style-type: none"> Speed Agility Travel 1 Cooperate/Solve problems 1 	<ul style="list-style-type: none"> Gymnastics 1 Cooperate/Solve problems 2 	<ul style="list-style-type: none"> Dance 1 Body Management 1 	<ul style="list-style-type: none"> Body Management 2 Manipulation/Coordination 1 	<ul style="list-style-type: none"> Gymnastics 2 Body Management 2 	<ul style="list-style-type: none"> Speed Agility Travel 2 Manipulation/Coordination 2
Year 1	<ul style="list-style-type: none"> Attack Defend Shoot 1 OAA 	<ul style="list-style-type: none"> Gymnastics 2 Attack Defend Shoot 2 	<ul style="list-style-type: none"> Fitness Unit KS1 1 Send/Return 1 	<ul style="list-style-type: none"> Run Jump Throw 1 Dance 1 	<ul style="list-style-type: none"> Send/Return 2 Hit Catch Run 1 	<ul style="list-style-type: none"> Run Jump Throw 2 Hit Catch Run 2
Year 2	<ul style="list-style-type: none"> Attack Defend Shoot 1 OAA 	<ul style="list-style-type: none"> Gymnastics 2 Attack Defend Shoot 2 	<ul style="list-style-type: none"> Fitness Unit KS1 2 Send/Return 1 	<ul style="list-style-type: none"> Run Jump Throw 2 Dance 1 	<ul style="list-style-type: none"> Send/Return 2 Hit Catch Run 1 	<ul style="list-style-type: none"> Run Jump Throw 2 Hit Catch Run 2
Year 3	<ul style="list-style-type: none"> Basketball OAA 	<ul style="list-style-type: none"> Gymnastics 2 Tag Rugby 	<ul style="list-style-type: none"> Fitness Unit KS2 1 Badminton 	<ul style="list-style-type: none"> Handball Dance 1 	<ul style="list-style-type: none"> Volleyball Cricket 	<ul style="list-style-type: none"> Athletics Rounders
Year 4	<ul style="list-style-type: none"> Basketball OAA 	<ul style="list-style-type: none"> Gymnastics 2 Tag Rugby 	<ul style="list-style-type: none"> Fitness Unit KS2 2 Badminton 	<ul style="list-style-type: none"> Handball Dance 1 	<ul style="list-style-type: none"> Volleyball Cricket 	<ul style="list-style-type: none"> Athletics Rounders
Year 5	<ul style="list-style-type: none"> Netball OAA 	<ul style="list-style-type: none"> Gymnastics 2 Tag Rugby 	<ul style="list-style-type: none"> Fitness Unit KS2 1 Badminton 	<ul style="list-style-type: none"> Swimming Dance 1 	<ul style="list-style-type: none"> Cricket Swimming 	<ul style="list-style-type: none"> Athletics Swimming
Year 6	<ul style="list-style-type: none"> Netball OAA 	<ul style="list-style-type: none"> Gymnastics 2 Tag Rugby 	<ul style="list-style-type: none"> Fitness Unit KS2 2 Badminton 	<ul style="list-style-type: none"> Handball Dance 1 	<ul style="list-style-type: none"> Volleyball Cricket 	<ul style="list-style-type: none"> Athletics Rounders