Safety Card: TikTok

TikTok is a free social media platform used to create and share short videos. TikTok rules require the user to be 13 or older to use it and with parental consent if you're under 18. Users are able to create videos of themselves lip-syncing that can last up to 60 seconds. You are able to watch other user's streams & videos, you may be exposed to inappropriate content.

Stay safe on TikTok using the instructions on their **Digital Wellbeing** section, **Blocking** & **Reporting** below.

Age Restriction 13+

🔒 Digital Wellbeing

Set up Restricted Mode, Screen Time Management on your TikTok app:

> Tap on 👤 in the bottom right corner of the app.

> Tap on ●●●

> Scroll down and tap on **Digital Wellbeing**.

❌ Block

Block a user using these simple instructions;

> Go to the profile of the user you wish to block.

> Tap on ●●●

> Tap on **Block** and then **confirm**.

⚠️ Report

Report a user using these simple instructions;

> Go to the profile of the user you wish to report.

> Tap on ●●●

> Select **Report Account** or **Report Content**.

> Then select the reason why you are reporting.

> Select **Submit**.
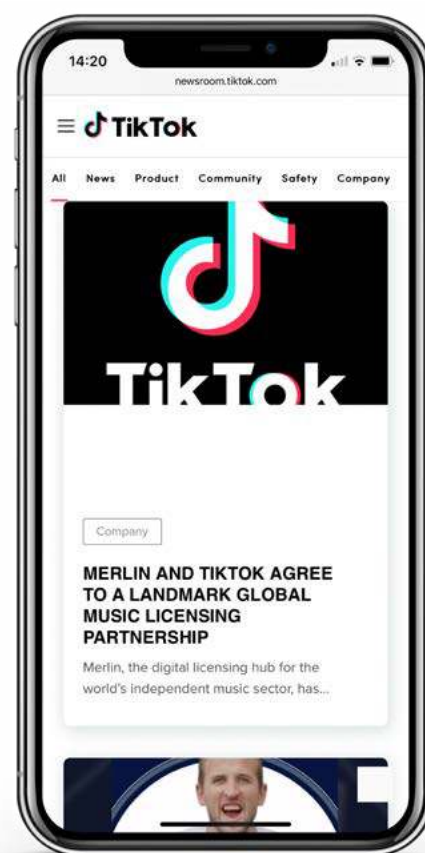
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